

Hair Styling Tips

by: Mary Malone

It is important to know what tools you can use to create the style of your dreams. With all great challenges there are dos and don'ts to reach your goal.

Here is a list of my top 10 recommendations for better hair.

1. Select a cut and style that will be possible for you to maintain and recreate on your own.

The movie stars and models have expert hairstylists by their sides to make sure they are perfect from every angle. The rest of us have to pull off our look without any help, so ask your stylist details about the styling process.

2. Use your styling products properly.

Less can be more when applying styling products. Keep products away from your scalp and more focused on the ends of your hair. Overdoing product can weigh hair down and dull the natural shine.

3. Remember hair accessories are great styling options.

Hair accessories can be used for any hair texture, age, or style. Some people mistake that hair accessories are only for young people, but that's not true. A fabulous headband can instantly change your look and create a new style.

4. We are no longer slaves to hair trends.

Fashions change and so do hairstyles. Find a style that looks good on you and keep that as a base. For updating or a change opt for some highlights or lowlights that will accent your basic style and keep it contemporary.

5. Hair extensions make a style.

Clip-in hair extensions are perfect to experiment with new styles in just a few minutes. Extensions have come a long way in natural look and manageability when styling with your own hair. They are amazing for formal event styles when you just needed a little more hair.

6. Be prepared when requesting your hairstyle.

Your hairstylist can't read your mind. Do your homework on what you like given your face shape, lifestyle and hair texture. Your stylist will be able to give you direction in the final selection process, but you need a starting point.

7. Good hair care products make a difference.

If you have high maintenance hair you are not going to be satisfied with less expensive shampoos and conditioners. Highlighted and chemically processed hair is a constant challenge to keep shiny and manageable. Be true to yourself and don't work hard to achieve a great style only to undermine it with products that can't support it.

8. Utilize different hairstyling tools.

There are many tools available to create your fabulous style. You have blow dryers, curling irons, flat irons, hot rollers and round brushes. To make sure you are using the right ones, have your stylist give you a lesson on the techniques used for you to recreate the style.

9. Keep your hair shaped up.

Whether you have long hair that needs the ends trimmed or short hair that requires constant shaping trims, the appointment in advance is very helpful.

Time will pass by before you know it and you will be stuck without a trim and shaggy hair. Schedule your next cut before you leave the salon.

10. Color is as important as the cut.

If you color your hair, take extra care to ensure lasting hue. Don't wash it everyday and use shampoos and conditioners that enhance the color you have. If you like your natural hair color, consider clear glosses (cellophanes) to boost shine and give your hair a healthy glow.